

Attended:

Charlie (NSB)
Cameron (NSB)
Calum (NSB)
Craig (Academy)
Monica (NSG)
Emily (NSG)
Paige (Abbeyfield)
Calumn (Abbeyfield)
Chamique (Weston Favell)
Anne (Weston Favell)
Councillor Anna King
Vicky (Community Development)
Morcea (Co-Chair)
Alice (Community Development Officer)

Apologies:

Sami (NSG)
Clayton (Thomas Becket)
Leris (NSG)
Billie
Conrad (NSB)
Nat (Northampton College)

Job Roles

Representatives: Conrad and Calum

Co-Chairs: Emily, Paige and Charlie

Administrator: Cameron

Facebook: Cameron and Charlie will continue

What do we want to do in the next coming year?

- 1) Design a poster/booklet - related to mental health
- 2) Engage with 'The Lowdown' - <http://thelowdown.info>
- 3) Research ideas / questions for an online survey regarding mental health and issues surrounding it.

Mental Health:

- Taboo subject
- Awareness week (12th-18th May) -> schools, plan in meeting before hand, posters + video
- Jobs and unemployment issues
- Changing perceptions
- Ask Norman

Cyber Bullying:

- Self-harm
- Focus on 'bullies themselves' – causes?
- Take a proactive rather than reactive approach
- Ronan Parke charity Single
- Depression

Key Focus Points:

- 1) Raise awareness of Mental Health issues in Northampton
 - 1) Changing public perceptions
 - 2) Erasing the stigma
 - 3) Ask people through online survey
- 2) Engaging with other groups and agencies to discover which are the most suitable
- 3) Inform young people of places and where they can get help online and in local area
e.g.
 - Lowdown
 - Beat Bullying
 - Childline

Holocaust Memorial Day

Schools involved:

Secondary: Abbeyfield - Having main focus

Primary: Briar Hill (Yet to confirm)

- Mention Anne Frank awards which will take place at the carnival 2014 (10 Year Anniversary)